

SABCS Conference Dec 9-13, 2025 – San Antonio, Texas  
Akila Subramanian

Thoughts about what you learned throughout your entire experience at this event. (Describe the type of sessions you attended, how they compared to one another, etc.)

*The Educational sessions were very useful, and I learned a lot, and will read more to get a better understanding on liquid biopsy, ctDNA testing, next line of treatments for HR+. I need to educate myself more on HR- and HER2+ types of breast cancer.*

*The Educational sessions were informative and easy to understand; however, the general sessions were very research oriented and too crowded and loud to follow.*

What was your experience networking with other patient advocates?

*For me, meeting so many patient advocates in person was the best part of the conference. I got to hear their cancer journey and their challenges. I also learned about the other programs like Project Lead and AACR programs to increase my knowledge to become a better patient/research advocate*

How will you use this experience and new knowledge in advancing ILC advocacy in the future?

*My knowledge about ILC has increased which in turn has increased by confidence. I will now focus more on advocating for better ILC monitoring for detection. The conference has increased my understanding on different treatment options and liquid biopsy / ctDNA. I am also intrigued by the research and clinical trials specifically for PIK3CA and ESR1 Mutation.*

What was one thing you wish you had known before this event AND what advice would you give another first-time advocate attending this event?

*I wish I had selected the session I am interested and prepared better.*

*Do not expect to understand everything that is discussed and it is ok if the content is new. The idea is to get exposed and find sources to learn the topic at your own pace.*