LBCA Advocate Chat Series
2021

Advocacy Through Supporting Others

lobularbreastcancer.org
Welcome and Today’s Session

Information about today’s session:
• Presentation portion will be recorded, and all participants will be muted

• Question and Answer period, which will not be recorded, will follow:
  • Write your questions in the chat throughout the presentation
  • During the Q & A portion, questions from the chat will be read. The moderator may call on people as well who indicate in the chat that they would like to ask a question
  • **NOTE**: Please avoid any questions about personal issues or specific medical questions as they can not be addressed during this event
Advocacy Through Supporting Others

Lori Petitti
LBCA Founding Advocate and Peer Mentor

Betsey Bryant
ABCD Senior Program Specialist

Dale Semler
Breast Cancer Helpline Manager
SHARE Cancer Support

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Mentor Journey

• ABCD Training in Milwaukee, November 2016

• SHARE Online Training January 2019
Techniques That Work (for me!)

• Prepare
• Know your communication style
  • Analyst/Amiable/Expressive/Driver
• Encourage Mentee to Speak
  • Ask Open Ended Questions
• Really Listen
• Silence Can Be Golden
Rewards

• It’s True – tis better to give than receive

• Understanding Communication Styles and Being an Active Listener Enriches All Relationships

• Great Learning Opportunity for Advocacy Work
ABCD: After Breast Cancer Diagnosis

https://abcdbreastcancersupport.org/
ABCD: After Breast Cancer Diagnosis
Customized, One-to-One Breast Cancer Support

Decades of research indicates patients who take advantage of non-clinical support like ABCD’s:
✓ more likely to finish treatment
✓ improved survival rates
✓ reduced risk of recurrence
✓ less stress
✓ healthier social relationships
✓ improved quality of life

FREE, CONFIDENTIAL & ALWAYS AVAILABLE
Who we are and What we do

❖ We are a non-profit founded and grounded in Milwaukee

❖ We offer *free*, personalized, one-to-one “emotional support” to all those affected by breast cancer through our unique Mentor Matching Program

❖ ABCD’s signature service is one-to-one Match Mentoring (peer support)

❖ ABCD works as a complement to the breast cancer patient’s medical team, working to help them help their patients

❖ Services are *free* to all those affected by a breast cancer diagnosis – patients, families, friends and caregivers
Mentor Training

❖ ABCD currently has 244 active Mentors

❖ All Mentor applicants, with the exception of Metastatic breast cancer patients, must be one year out from their last treatment date

❖ All applicants go through two interviews prior to training to determine if they are ready to mentor

❖ Each trainee must complete 12-hours of professional training before they begin mentoring

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Hope, customized to the Participant

All referrals are matched with a staff trained and supported Mentor/breast cancer survivor who shares a similar:

✓  diagnosis and treatment
✓  age
✓  life stage
✓  interests closely align with the program Participants
How matches are made

❖ All match requests must be either from a healthcare provider or be a personal request from the breast cancer patient
❖ A Match Specialist will contact each referral/request to begin the process
❖ What sets ABCD apart from other support organizations is that we match on the personal as well as the diagnoses.
❖ Personal traits such as:
  ✓ Age
  ✓ Marital status
  ✓ Number and ages of children
  ✓ Profession
  ✓ Interests/hobbies
  ✓ Religion/faith
  ✓ And most importantly – the patient’s concerns
❖ All matches begin with a phone call
When are Mentor Matches available

❖ Mentor matches are available from diagnosis, through treatment and on into survivorship

❖ There are no time parameters for a match

❖ All matches are made within 24-48 business hours
Match Process

❖ Every match begins with a referral either from a healthcare provider or the person seeking support.

❖ The Match Specialist contacts the person seeking support

❖ The information for matching includes diagnosis and treatment details of the Participant as well as personal information.

❖ The information from the intake is entered into the database and the chosen criteria elicits a list of possible Mentors.

❖ Once the Mentor agrees to the match, they are given the details of the Participant’s diagnosis, treatment and personal concerns.

❖ The Participant is then contacted and given the first name of the Mentor and the reasons they were matched.
On behalf of the ABCD Program Staff... Thank you!
SHARE Cancer Support

https://www.sharecancersupport.org/
Our Mission

SHARE aspires to be the leading and most experienced nationwide peer support community helping women of all ages, cultures, and ethnicities facing breast, metastatic breast, ovarian, and uterine cancers.
SHARE’s History

- 1976: First started by Dr. Eugene Thiessen, a breast doctor, and 12 women with breast cancer
- 1978: Incorporated and became a non-profit
- 1980’s: LatinaSHARE
- 1990: Support for MBC
- 1995: Support for Ovarian Cancer
- 2013: JapaneseSHARE
- 2020: Support for Uterine Cancer

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Our Services Include:

- 4 Support Helplines
- Peer matching - over 25 different languages
- Over 35 Peer-facilitated support groups
- Educational programs & webinars as well as workplace seminars for staff and volunteers
- Outreach in underserved communities by our trained ambassadors
- Programs offered in Spanish (LatinaSHARE), & Japanese (JapaneseSHARE)
Volunteer/ Peer Training

Requirements:

1. A Helpline Volunteer must have had the type of cancer specific to that helpline
2. A Helpline volunteer must be at least one year out from their diagnosis
3. Attend at least four CE programs
Volunteer/ Peer Training

Training:

1. Training consists of 3, two hour training classes. Offered every few months
2. SHARE Mentor training
3. Calls monitored for accuracy, follow-through with follow-up and peer matching & proper entry into database
4. Shifts assigned to Volunteer
5. Peers added to database
Lobular BC Help

Currently have 12 Lobular Breast Cancer Peers of various ages, stages, treatments, surgical procedures etc.

Over the last 2 years SHARE has helped approximately 100 callers with lobular breast cancer.
For questions regarding SHARE’S services or to volunteer for one of our Helplines, please contact:

Dale Semler 212-221-1539 or dsemler@sharecancersupport.org

To reach our helplines, please call

844.ASK.SHARE
844.275.7427

lobularbreastcancer.org
No one should have to face cancer alone

We’re here for you at SHARE.

844-275-7427
To learn more about these volunteer opportunities:

- LBCA: [https://lobularbreastcancer.org/volunteer/](https://lobularbreastcancer.org/volunteer/)
- ABCD - After Breast Cancer Diagnosis: [https://abcdbreastcancersupport.org/get-involved/become-a-mentor/](https://abcdbreastcancersupport.org/get-involved/become-a-mentor/)
- SHARE Cancer Support: [https://www.sharecancersupport.org/volunteer-on-the-helpline-at-share/](https://www.sharecancersupport.org/volunteer-on-the-helpline-at-share/)
Thank you!
Questions & Answers