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Dr. Mukhtar is trained in General Surgery, clinical research methods, and breast surgical oncology. Her research focuses on clinical outcomes in invasive lobular carcinoma of the breast, with publications on surgical techniques and response to neoadjuvant therapy in lobular breast cancers. During her training, she was a Doris Duke Clinical Research Fellow and studied the inflammatory response to infection. Later, she studied inflammatory cells in breast cancer in the lab of Dr. Laura Esserman, funded by the California Breast Cancer Research Program. Dr. Mukhtar completed Advanced Training in Clinical Research through the Clinical and Translational Science Institute at UCSF. Her clinical practice comprises acute care general surgery and breast surgery, and she and others are developing a lobular breast cancer program at UCSF.